

ICON protocol for COVID 19:

- Ivermectin 200 mcg/kg orally on day 1 and 2. May redosed on day 8 and 9, 15, 22, and 29 as needed if patients remain symptomatic.
- Doxycycline 100 mg orally twice daily for 5 days or azithromycin 250 mg orally daily for 5 days if unable to take doxycycline.
- Vitamin C 1000 mg twice daily.
- Vitamin D3 1000 units daily.
- Zinc sulfate 220 mg daily or 50 mg of elemental zinc daily.
- Famotidine 20 mg twice daily.
- Atorvastatin 40 mg daily.
- If hypoxic dexamethasone 6 mg daily for 10 days.
- If mildly hypoxic, will need supplemental oxygen at home.
- If D dimer elevated, will need anticoagulation.
- If more severe and requires hospitalization, will consider convalescent plasma transfusion x2 and remdesivir with or without baricitinib.